
Foreo UFO 2

Since COVID-19, I have been able to focus more on my skin. When I was out and about, it was extremely hard to make sure that I even washed my face thoroughly much less take time to do the 10-Step Korean Skin Care routine (I will be doing a post of that soon). The UFO is a 90 second treatment that incorporates T-Sonic pulsation, Hyper-Infusion Technology Warming mode which allows



the active ingredients to infuse more effectively, and of course Cooling which helps shrink pores and reduce puffiness. I have done my research on LED therapy and I am LOVING it. Blue light is effective in killing acne including bacteria, Red is effective with anti-aging properties, and Green helps with improving your complexion and fading dark spots. The masks can be pricey but I have learned a little hack



and also Nordstroms
and Sephora often
have sales as much
as 50% off. You will
not regret this
splurge.

