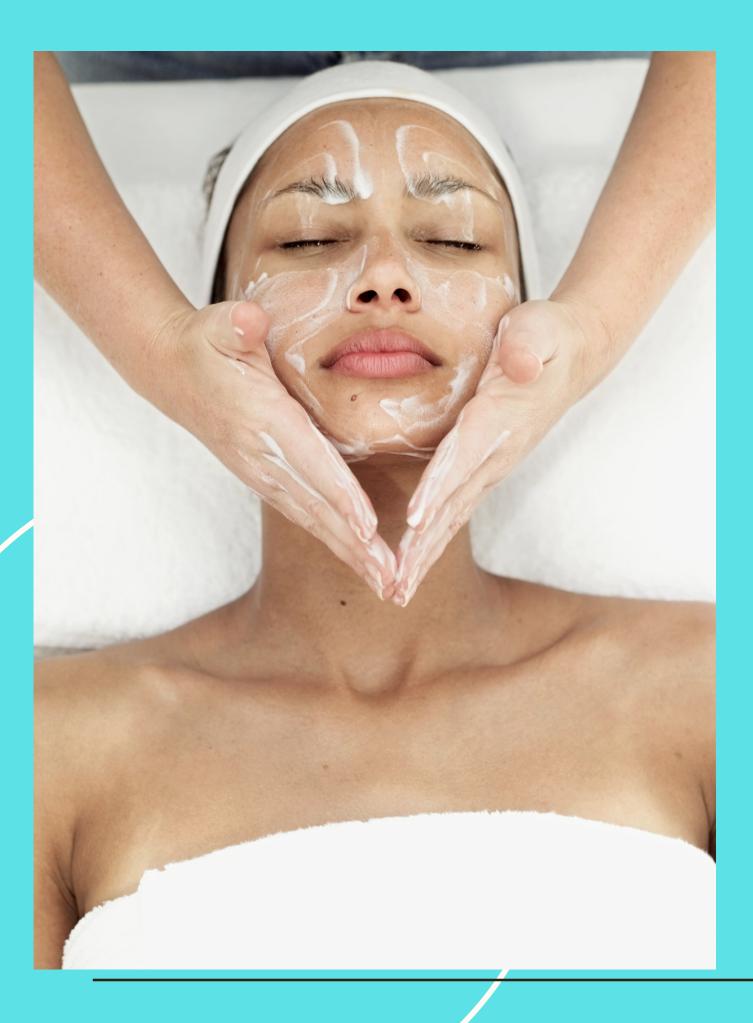
Foreo UFO 2

Since COVID-19, I have been able to focus more on my skin. When I was out and about, it was extremely hard to make sure that I even washed my face thoroughly much less take time to do the 10-Step Korean Skin Care routine (I will be doing a post of that soon). The UFO is a 90 second treatment that incorporates T-Sonic pulsation, **Hyper-Infusion Technology Warming** mode which allows



the active ingredients to infuse more effectively, and of course Cooling which helps shrink pores and reduce puffiness. I have done my research on LED therapy and I am LOVING it. Blue light is effective in killing acne including bacteria, Red is effective with antiaging properties, and Green helps with improving your complexion and fading dark spots. The masks can be pricey but I have learned a little hack



and also Nordstroms and Sephora often have sales as much as 50% off. You will not regret this splurge.

