

TOP 10 CLEANSERS

RECOMMENDED AND APPROVED BY THE HOUSE OF KAINE

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YOUTH TO THE PEOPLE KALE + GREEN TEA SPINACH VITAMINS CLEANSER \$36

It sounds like a cold-pressed juice, smells like apples, and has the same dish detergent consistency, yet this cleanser works magic on your face. Youth to the People's cleanser is something worth talking about — and making room for on your counter space. The formula is full of antioxidants packed with everything listed in the description (kale, green tea, spinach, vitamins C, E, and K, to be exact). This cleanser works double-time to wash away daily grime, reduce inflammation, and keeps skin bright and dewy.



CERAVE HYDRATING FACIAL CLEANSER \$17

CeraVe Hydrating Facial Cleanser is the most recommended cleanser by dermatologists and has won two Allure Best of Beauty Awards. It shows how long this face wash has been in the game and how happy we are to return to it after trying others. The cleanser is extremely gentle, and the price point is unbeatable. Its hyaluronic acid ensures hydration while it gently cleanses, and its signature ceramides help protect that newly clean, moisturized skin barrier.



CETAPHIL GENTLE SKIN CLEANSER \$10

If your skin is sensitive, you will want to try Cetaphil's Gentle Skin Cleanser. This cleanser has been racking up top nod award wins (seven Best of Beauty and four Readers' Choice), dermatologists' praise, and mom recommendations since it first hit the scene in 1947. The super-gentle, lotion-like formula is spiked with fatty alcohols that coat the skin to replace that typical post-cleanse tightness with skin-coddling goodness leaving the skin squeaky clean and refreshed, not stripped.



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*DR. DENNIS GROSS HYALURONIC MARINE™
MELTAWAY CLEANSER \$30*

This hydrating, lightweight cleanser consists of hyaluronic acid, marine algae, kiwi, and aloe. Without water, it removes makeup, soothes skin, and prevents moisture loss. I love using this when I am too tired to wash my face, and I can quickly cleanse and remove all makeup and experience a clean face wherever I am – absolutely no rinsing is required. Hyaluronic Marine Meltaway Cleanser will leave your skin feeling soft and hydrated, and I love how it removes my eye makeup without irritation.



INNISFREE PORE CLEARING FACIAL FOAM WITH VOLCANIC CLUSTERS \$12

This foaming cleanser has the formula with the absorbing powers of Jeju Volcanic Clusters.

I love to lather up this refreshing foam cleanser because you will instantly feel the micro-bubbles whisk away all of your makeup and impurities.

Jeju Volcanic Cluster is smaller than pores which helps banish sebum for a clear, less shiny complexion.

Start your K-Beauty signature Double Cleansing Method with an oil-based cleanser to help draw out impurities from the skin's surface, followed by a foaming cleanser like this to cleanse, leaving skin super-refreshed deeply.



The Ordinary Squalane Cleanser \$8

The Ordinary Squalane Cleanser is a lightweight balm that transforms into an oil-like consistency when warmed between the hands. This cleanser will gently remove makeup and any facial impurities. The esters in the formula help dissolve and remove makeup, and facial impurities, detaching them from the skin's surface when rinsed with water.

Kate Somerville ExfoliKate Cleanser \$40



I have a love-hate relationship with Kate Somerville's ExfoliKate Cleanser. If you suffer from dry, dull skin, you will love the results using this gentle scrub. I would highly suggest using a tiny amount and following a small amount of squalene or marula oil to ease the sting. ExfoliKate consists of glycolic and lactic acids, which will leave your skin clean without over-drying. Your pores will appear smaller and skin noticeably smoother and more even over time.

Drunk Elephant Beste No. 9 Jelly Cleanser \$32

Drunk Elephant's Beste No. 9 Cleanser is a very effective and gentle cleanser. Many are obsessed with the Drunk Elephant brand and for all the right reasons. This brand is free of commonplace irritants such as silicones and fragrances. This cleanser replaced the harmful ingredients with the good stuff. No. 9 Jelly Cleanser will dissolve and remove makeup and dirt and the emollients and mega-hydration, aloe vera and glycerin, does all the dirty work and leaves the skin squeaky clean. Skin is left fresh with a post-wash glow from the virgin marula oil and cantaloupe extract.



AQUA BOMB JELLY CLEANSER \$28

Belif Aqua Bomb Jelly Cleanser is my holy grail during the winter months. This gentle jelly-to-foam cleanser has the same explosive burst of hydration as personal favorite moisturizer Belif's The True Cream Aqua Bomb and moisture bomb. It gently removes all traces of makeup and impurities without stripping the skin of moisture. The Aqua Bomb Jelly Cleanser will leave your skin feeling softer than a baby's bottom.



GARNIER SKINACTIVE MICELLAR CLEANSING WATER \$6

Micellar water is made from purified water that is infused with hydrating ingredients and mild surfactants. The surfactant helps break down the oils and impurities and thus removing them from the skin. These group together to form tiny little balls called micelles which are suspended in the water.

About the Author

Hello everyone, welcome to the House of Kaine! My name is Erica, and I am a Dallas native, born and raised in Kaufman. I am a registered nurse, a wife, and a mother to three beautiful and amazing children. I have always had an interest in beauty health mental health, and after much deliberation, in 2014, I finally decided to take a leap of faith and create the House of Kaine!

House of Kaine is a space where I can focus my passion of helping and guiding others. It's also a place where I can share my journey through some hardships in my life, as well as share some fun beauty tips and how I have sought to improve my overall personal feelings towards beauty health mental health, and wellbeing.

